



REPETITIVE MESSAGES

[Watch this video first](#)

- What do you unapologetically stand for?
- What do you get fired up about?
- What do you rant and rave on your soapbox about.
- What do you want to say but are afraid of saying?

These questions are powerful as it will make you connect into your repetitive messaging, help you to stand out. This is where your unapologetic energy comes from!

Ok now you can start to work on your repetitive messages:

1. Start listening to your videos or lives. What are you repeating?

2. Read your posts and emails, what is the essence of them?

Natalie Tolhopf Philosophy & Values

1. Take imperfect action, it is the only clarity & momentum you require.
2. Everyone has to fight the same battles. Your excuses aren't enough.
3. Build up your mindset muscle, your attitude is paramount!
4. The main difference between you & your biggest dreams is the focus, the plan and the self belief.
5. Taking the correct strategic actions consistently, creates consistent cash flow.
6. You need 100% commitment, nothing less.
7. Show up everyday in some form.
8. Make an offer everyday. Show the fastest path to you.
9. Speak the truth, share the truth and be the leader